

# CLIMBING



Date of Assessment 01.03.11

	Casual factors, hazards, dangers	Risk management strategies, normal operation.	Site Specifics
People	Overestimate of ability Inadequate training / instruction Safety / rescue procedures.	Identify phobias, illnesses, injuries, and ability using Personal Details Form, or questioning if at a public event and make an assessment as to suitability for participation.	This space is to be completed on the day of the activity, identifying any specific dangers, changes since the last visit and/or difficulties/risks that will need to be assessed before, during and after the session.
	Awareness of risks: <ul style="list-style-type: none"> <li>• Fear of heights.</li> <li>• Group control (anxiety/excitement)</li> </ul>	Provide adequate training / instruction based on above. Instructor trained and experienced in group management.	
	Jumping off walls – sprains/fractures. Poor belaying techniques.	Correct equipment. Safety talk, briefing, including use of climbing calls.	
Equipment	Poor head protection.	Equipment checked as used and after use. Helmet worn and correctly fitted at all times unless instructor says otherwise.	
	Harnesses.	Equipment checked as used and after use. Harnesses correctly fitted and checked and not to be adjusted or touched by anyone except instructors.	
	Clothing/equipment insufficient or incorrectly used.	Appropriate kit must be worn at all times, kit list provided prior to activity. If clothing is insufficient in extreme cases the activity will be restricted to those who conform.	
	Inadequate footwear.	Suitable footwear should be worn whilst participating in this activity, climbing shoes worn if available but in most cases trainers are appropriate.	

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Environment	Weather conditions making climber exposed, climbing holds slippery when wet.	Pre-weather checks to prepare correct clothing and in extreme cases the use of an alternative site and ultimately cancelling the activity.	
	Controlled waiting area.	Helmets worn if waiting at the bottom of crag. The instructor will designate a safe zone if possible, where helmets can be removed.	
	Falling rocks, slippery ground, other climbers.	Safety briefing detailing acceptable behaviour, safety and respect for other climbers/walkers; and the dangers of the ground.	