

KIT LIST



	Mountain Biking	Climbing	Gorge Walking	Hill Walking	Map Reading	Kayaking	Canoeing	Raft Building	Team Building	Camping	Bushcraft
Waterproof Coat	✓	✓		✓	✓				✓	✓	✓
Waterproof Trousers	✓	✓		✓	✓				✓	✓	✓
Hat/Cap		✓		✓	✓	✓	✓		✓	✓	✓
Gloves	✓	✓		✓	✓	✓	✓		✓	✓	✓
Spare Clothes	✓		✓			✓	✓	✓		✓	
Small Rucksack	✓			✓						✓	
Towel	✓		✓			✓	✓	✓			
Swimming Kit			✓			✓	✓	✓			
Spare Shoes/trainers (these may get wet & muddy)	✓		✓			✓	✓	✓		✓	✓
Torch				✓						✓	
Insect Repellent	✓	✓		✓	✓				✓	✓	
Water Bottle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Drinks	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Snacks	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sun Cream		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Personal Medication including Painkillers	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓